



**2025**

**Indoor Beach Volleyball  
Federation of Western Australia**

**Superleague**

**Players Handbook**

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# WELCOME

On behalf of the Indoor Beach Volleyball Federation of WA Inc. (IBVFWA), welcome to Superleague 2025.

The Indoor Beach Volleyball Federation of WA Inc. (IBVFWA) would like to thank Volleyball Western Australia for all their help in putting together and the coordination of this season of Superleague.

## 1. NEW FOR 2025

2025 Superleague season has seen a decrease in centres to compete in the Superleague tournament, meaning that several changes were required to ensure a strong, functional and competitive series.

- There will be 4 rounds of games, hosted by four of the IBVF centres, followed by a finals tournament hosted by the fifth centre. Dates and locations are coordinated to promote the most participation possible, while maintaining the most efficient scheduling of games.
- The introduction of a new competition division – Mixed Over 45 – to increase the number of participating teams, while providing a more accessible option for players who fall into this age category.
- Games will consist of 3 x 10-minute sets, with two points being awarded for each set win, as well as one bonus point being awarded for every 10 points scored in a set.
- Rules, and their interpretations, have been clarified to further reduce the uncertainty around contentious or difficult to interpret rules, with the intention of making them easier to referee.
- The inclusion of reference sheets that will be provided at all centres to serve as a prompt or reminder for the relevant rules interpretation. Aiming to reduce uncertainty around rules and refereeing decisions.

## 2. AIMS OF THE SERIES

The Indoor Beach Volleyball Superleague has been created to realise the following goals:

1. Provide a competitive environment for IBVFWA's elite level athletes.
2. To showcase indoor beach volleyball to audiences across WA and Australia.
3. To support and promote IBVFWA's commercial partners.

### 3. CONTROL COMMITTEE AND STAFF

The Indoor Beach Volleyball Federation of W.A Inc. will have a Control Committee at

each round. The Control Committee will consist of the following appointed staff

members:

- Tournament Director, Tamara Scott
- Host centre managers or representatives
- Managers/Representatives of the other centres in attendance.

The Control Committee is the highest authority for each Round. The Control Committee can use information supplied and available to them at their discretion to make decisions with regard to all aspects of the round, including but not limited to entries, ranking, competition format and player, coach and officials conduct.

The Control Committees decision is final.

Protests will be handled in accordance with the procedures outlined in the Official IBVF Rules (2017).

If a protest is requested and then accepted (upheld), \$100 of the submission fee will be returned to the protester. If the protest is rejected (denied) the submission fee is not returned.

All other contacts are available at the IBVFWA website:  
[www.indoorbeachvolleyball.com/#centres](http://www.indoorbeachvolleyball.com/#centres).

All players must contact their own Centre's Superleague Coordinator/Management if they have any disputes, questions, judiciary procedures or problems. The Tournament Director will not take any Superleague players' disputes directly, but will be available for consultation on process and procedure.

# 4. SERIES CALENDAR

**Date: Saturday April 26<sup>th</sup>**  
**Venue: Bunbury**

**Date: Saturday June 7<sup>th</sup>**  
**Venue: Joondalup**

**Date: Saturday July 19<sup>th</sup>**  
**Venue: Osborne Park**

**Date: Saturday August 16<sup>th</sup>**  
**Venue: Fremantle**

**Grand Finals**  
**Date: Saturday September 6<sup>th</sup>**  
**Venue: Canning Vale**

# 5. PLAYER REGISTRATION

All players competing in the 2025 Superleague are required to complete the registration form and medical form. The Superleague Series in 2025 will also require players that register for an aged competition (35+ women and 35+ men) may be required to provide proof of age. All 35+ and 45+ players must turn 35 or 45 respectively, before 31 December in the year of the competition to be eligible to play in this age group. All Junior (U18) players must turn 18 after date of the finals (September 6<sup>th</sup> 2025) to be eligible.

Forms are available from each centre's Superleague Coordinator and are completed online.

All Team Captains must also complete their team form within 24 hours of all games finishing for each round on the day and hand them to your centre's Superleague coordinator each round.

# 5.1 COMPLIANCE

No points will be received for that round if 100% compliance of the team is not achieved.

# 5.2 TEAM ENTRY DEADLINE

Teams must be submitted by the Thursday before each round. Exemptions may be made for unforeseen circumstances, this will be decided by the competition control committee

# 6. COMPETITION FORMATS

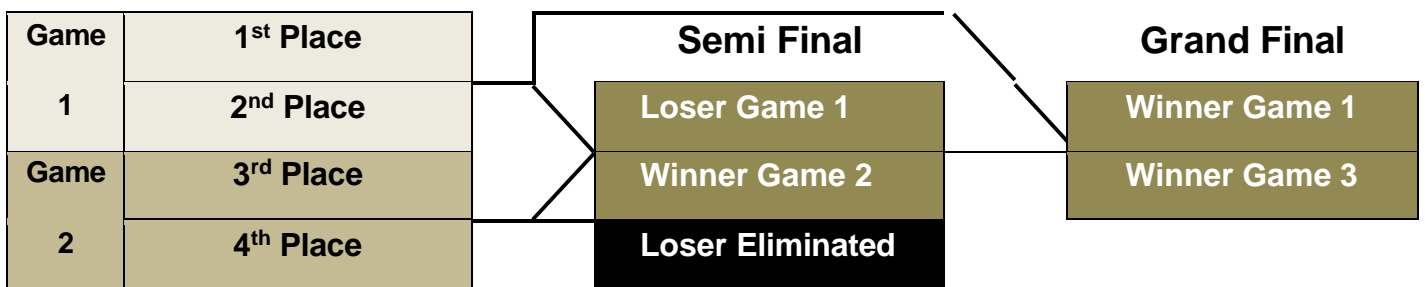
- Preliminary Rounds 1-4.

Throughout the season each team will play every other team in their given grade each round. Each game consists of 3 x 10-minute sets. With a 1 minute break between sets and 2 minutes between games.

- GRAND FINALS

Teams finishing positions 1-4 on the ladder in each division will qualify for the Grand Final Round. Each game is to be conducted over 3 - 13-minute sets. In the event of a draw 2 minutes will be added (Recurring) until there is a result.

## Quarter Final



# 7. TEAMS

Teams will be as follows:

- Men's - 6 Players
- Women's - 6 Players
- Mixed - 3 Women and 3 Men

**(Mixed teams cannot take the court with less than 2 (two) women and 2 (two) men & at no stage can there be more than 3 men on court).**

No Player can play in more than one team per round, (one player, one team, one round). All players must have played in two rounds of the same division to qualify to play in the finals round of that division. If a player qualifies for multiple teams, they are only permitted to play for 1 team for finals.

Any team seeking to include a fill-in player after the teams have been submitted must seek the approval of the control committee.

# 8. CAPTAINS

Refer to section 5 of the Indoor Beach Volleyball Handbook.

# 9. PLAYING UNIFORMS

All players are required to play in uniforms clearly identifying the centre they are representing. Identical playing shirts are required.

If the Indoor Beach Volleyball Federation of WA Inc. (IBVFWA) has a contractual agreement with a naming sponsor, all centers must have current sponsors logo visible on all playing uniforms.

## 10. COMPETITION BALLS

The competition ball will be decided upon by the IBVFWA before each season, and will be used at all hosting centres, for all rounds of that season including finals.

## 11. RULES

Aside from any variations or amendments noted below, all games will be played in accordance with the Indoor Beach Volleyball Federation of W.A. Inc. Superleague Rules and Regulations (Amended April 2017)

<https://indoorbeachvolleyball.org.au/wp-content/uploads/sites/12/2025/02/IBVWA-Rules-2017.pdf>

Rule amendments and clarification:

- Marginal double contact will be permitted on an overhand serve receive, or on an overhand attacking shot receive, provided the ball has not changed direction after contact with any net.
- Players are required to make every effort to stay in their starting formation rotation as much as possible during play but may move freely after the ball has been served.
- Players must rotate service order at all times.

## 12. REFEREE

There will be 1 referee per court who will oversee the game.

Referees must be a player on one of the rostered centre's teams and will be appointed based on a duty system which will be released with each round of the fixture.

All referees are required to have read and understood the IBVF rules and any amendments or directives relevant to the current season.



## **13. COURT SCHEDULING**

Schedules for each round will be available from member centres, our website or Facebook. They will be available on Thursday, 2 weeks prior to the event.

## **14. FORFEITS**

Any team that does not report to the court on time for the commencement of the game will find itself in default and will forfeit the match. (Refer Superleague Rules and Regulations (Amended April 2017) 6.4 – Default and Incomplete team)

Each centre is required to advise the Tournament Director of the teams entered for the season prior to their first round. Once these teams have been entered into the competition, they are required to field a team in all preliminary rounds. Failure to field a team will result in zero points being awarded to the forfeiting team.

## **15. FIRST AID SUPPLIES**

A basic first aid kit is available from the Tournament Director. Ice is available from the front desk at all member centres. A defibrillator is also on hand for emergencies. All serious injuries require an injury report to be completed. These are available from the Tournament Director.

All other first aid supplies, such as strapping tape, are to be provided by players.

## 16. POLICIES

All of IBVFWA's policies can be found via hard copy at each round, or online at <https://indoorbeachvolleyball.org.au> and will be implemented for the event.

- Alcohol Policy
- Anti-Harassment Policy
- Communication Policy
- Concussion Management Policy
- Diversity & Inclusion Policy
- Event Risk Management Plan
- Information Communication Technology Policy
- Misconduct Policy
- Member Protection Policy (including codes of conduct)

## 17. ALCOHOL & LICENSED VENUES

The IBVFWA strictly adheres to Western Australia's Department of Local Government, Sport and Cultural Industries Liquor Licensing Laws.

We expect all players participating in the IBVWA Superleague tournament to follow all host centre liquor policies.

Failure to follow said policies may result in immediate expulsion from the current Superleague tournament as well as future IBVWA events.

# 18. TERMS AND CONDITIONS

## 18.1 Players Responsibility

All players are responsible for being informed of all relevant information regarding events, including start times, locations etc. If you are unsure of the location or your starting time, please call Contact your Centre Coordinator, check the website or Facebook.

## 18.2 Grievance or Complaints

Any player with a legitimate complaint should communicate it to their centre's Superleague Coordinator who will liaise with the Tournament Director. If necessary, the Tournament Director will consult with the Competition control committee for a resolution. Under no circumstances will abusive actions towards staff or other competitors be tolerated.

## 18.3 Players Code of Behaviour

All players will abide in a sports person-like manner, in accordance with the IBVFWA Rules, the IBVFWA Members Protection Policy and Codes of Conduct

## 18.4 Theft of IBVFWA Superleague Equipment

IBVFWA has ZERO TOLERANCE on stealing. Any person to be found in possession of IBVFWA or member centre equipment without permission will face automatic suspension from future events.

We ask all players to respect IBVFWA and member centre equipment.

## 19. ENTRIES

All centres are required to enter a team into all divisions.

In the case where a centre cannot enter a team into a division, the centre in question must communicate this with the IBVFWA committee before the commencement of the season so a replacement team can be entered by another centre. Neither the centre in default, or the centre replacing this team, will receive any Overall Centre Points Score for this team, however the team will accumulate points in their given grade and will be eligible for finals.

Any centre that is found in default throughout the season may be disqualified from the tournament at the discretion of the IBVFWA committee.

## 20. COMPETITION STRUCTURE

### COMPETITION POINTS

2 points for winning a set, 1 point for a draw, 0 points for a loss.

1 bonus point for every 10 points scored.

## 21. CHAMPION CENTRE

Decided by overall points accumulated by all teams competing.

The overall champion centre will be awarded at the end of season awards (following all grand finals).

Finals points do not contribute to champion centre leaderboard.

## 22. Finals MVP

MVP will be awarded to a player that features in the grand final, which will be decided by the referee of each relevant game.



# INDOOR BEACH VOLLEYBALL FEDERATION OF W.A. IN

# VOLLEYBALL

## INCIDENT MANAGEMENT

### Stop, Talk, Observe, Prevent further injury (STOP)

Centre Managers, staff and tournament directors (staff) need to be able to respond to emergency situations. These can range from a minor injury to something more serious.

It is good practice for all staff to undertake first aid training, should a more serious incident occur.

Staff should:

- have access to a telephone to call an ambulance
- have information about the participants' medical history (especially for ongoing health issues such as asthma, epilepsy or diabetes)
- know how to access first-aid equipment (blankets, first-aid kit, ice, etc.)
- ideally, be able to administer basic first aid
- ensure an injury report form is completed.

### STOP procedure

The STOP procedure helps staff to assess whether an injury may be severe and to determine whether the participant should continue with the activity.

<b>S</b>	Stop
<b>T</b>	Talk
<b>O</b>	Observe
<b>P</b>	Prevent further injury: <ol style="list-style-type: none"><li>1 Severe injury: get help.</li><li>2 Less severe injury: RICER (Rest, Ice, Compression, Elevation, Refer and record).</li><li>3 Minor injury: play on.</li></ol>

### Summary

**STOP procedure: Stop, Talk, Observe and Prevent further injury.**



# INDOOR BEACH VOLLEYBALL FEDERATION OF W.A. INC.

# VOLLEYBALL

## INCIDENT MANAGEMENT

### Rest, Ice, Compression, Elevate, Refer and record (RICER)

#### RICER regime

For management of sprains, strains, corks, bumps and bruises, follow this procedure:

What	How	Why
<b>REST</b> the participant	<ul style="list-style-type: none"> <li>Remove the participant from the competition area using a method of transport that will prevent further damage.</li> <li>Place the participant in a comfortable position, preferably lying down.</li> <li>The injured part should be immobilised and supported.</li> </ul>	Further activity will increase bleeding and damage.
<b>ICE</b> applied to the injury	<p>The conventional methods are:</p> <ul style="list-style-type: none"> <li>crushed ice in a wet towel/plastic bag</li> <li>immersion in icy water</li> <li>commercial cold pack wrapped in a wet towel.</li> </ul> <p>Apply for 20 minutes every two hours for the first 48 hours.</p> <p>Caution:</p> <ul style="list-style-type: none"> <li>Do not apply ice directly to skin, as ice burns can occur.</li> <li>Do not apply ice to people who are sensitive to cold or have circulatory problems.</li> </ul>	<p>Ice decreases:</p> <ul style="list-style-type: none"> <li>swelling</li> <li>muscle spasm</li> <li>secondary damage to the injured area.</li> </ul>
<b>COMPRESSION</b> applied to the injured area	Firmly apply an elastic compression bandage over a large area, covering the injured part as well as above and below the injury.	Compression reduces swelling and provides support for the injured part.
<b>ELEVATE</b> the injured area	Raise the injured area above the level of the heart whenever possible.	Elevation decreases bleeding, swelling and pain.
<b>REFER</b> and record	<ul style="list-style-type: none"> <li>Refer to an appropriate healthcare professional for definitive diagnosis and continuing management.</li> <li>Record your observations, assessment and initial management before referral — send a copy of your records, with the participant, to the healthcare professional.</li> </ul>	To obtain an accurate definitive diagnosis and for continuing management (including anti-inflammatory medication) and prescription of a rehabilitation program.

### Summary

RICER regime: Rest, Ice, Compression, Elevate, Refer and record

